

Tour de Syracuse

May 16-17, 2009

Two Day – Three Stage Points Race

Presented by:

The Onondaga Cycling Club

*Daniel C. Wnorowski, M.D.
Orthopedic Surgeon and Physician*

Champion System
Big Ring TV
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Bike Loft
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City of Syracuse Department of Parks and Recreation
Syracuse Bicycle
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Welcome to the 2009 Tour de Syracuse

The 2009 Tour de Syracuse is a two-day, three-event points race. You may race one, two, or all events. Fields are limited to 100 riders for most men's and women pro 1,2,3 fields, 75 for juniors and 50 for Cat 4 women and Cat 5 men. Those who finish all three events are eligible for an overall prize list. There are also single-event prizes. The overall prize list is a larger percentage of the total purse than the single event prizes. The protest period ends 15 minutes after each race

Modifications

The information in this race booklet may change at any time. Check on tourdesyracuse.com for update alerts.

Registration

Register Online at bikereg.com by May 15, 2009. Additionally there is "Day Of" Registration available on Saturday morning for the Omnium and Criterium. On Sunday, there is Day-Of registration for the Road Race.

**There is a \$15 late fee for
registering after May 15th.
\$5 Late Fee for Single Day Races**

Two races: Some men can enter a second Criterium race for \$10. The second event will not count to their overall Omnium points. No additional Omnium points will be rewarded, only merchandise.

Omnium Registration Categories, Fees and Prize Schedule:

Category	Two Day Fee	Omnium Places	Total Prizes
Women 1,2,3	\$50	5	\$400 + merchandise
Men 3	\$50	10	\$500 + merchandise
Men 4	\$50	10	\$500 + merchandise
Men 35+	\$50	10	\$500+ merchandise
Men 45+	\$50	10	\$500+ merchandise
Men 55+	\$50	10	\$500+ merchandise
Men 5 (35+)	\$50	10	Trophies
Men 5 (-35)	\$50	10	Trophies

Women 4	\$50	5	\$400+ merchandise
Jr	\$20	3	\$200+medals

National and World Champions Race Free:

Current National and World Champions will be refunded their fees on race day at registration. Championship jerseys must be worn in the races. Bring the jersey to registration.

Children Race Free:

Any child under 10 years old can race for free in the Syracuse Kids Race during the criterium on May 16. No USCF Juniors are permitted in the kids races. There is no pre-registration for children. A parent or guardian must be present to sign the one-day license/ standard release form.

Protest Period ends 15 minutes after the end of each event.

Lodging

Preferred rates are available at several Syracuse area hotels. Please check <http://tourdesyracuse.com/hotels/> for the latest information.

Race Schedule

Syracuse Criterium

Saturday, May 16, 2009
Upper Onondaga Park, Syracuse, NY

Registration for the criterium opens at 8am and closes 1/2 hour before each race.

Race Start Times

Category	Start	Distance	
Criterium			
Women 4	9:00 am	18 laps	Field Limit: 50
Jr. Women 15-18***	9:00 am	18 laps	
Men 5 < 35	9:45 am	15 laps	Field Limit: 50
Men 5 35+	10:30 am	15 laps	Field Limit: 50
Jr. Men 13-14***	11:15 am	10 laps	

Jr. Women 13-14***	11:15 am	10 laps
Jr. Boys 10-12***	11:15 am	10 laps
Jr. Girls 10-12***	11:15 am	10 laps
Men 3	12:30 am	23 laps
Women 1/2/3	1:45 pm	23 laps
Masters Men 35+	2:45 pm	23 laps
Masters Men 45+	3:45 pm	23 laps
Masters Men 55+	3:45 pm	23 laps
Men 4	4:45 pm	23 laps
Jr. Men 15-18***	5:15 pm	23 laps

*** ALL JRS WILL BE ROLLED OUT NO MATTER WHAT EVENT THEY ENTER

Crooked Lake Time Trial

Time Trial starts at 8:30 AM Sunday

(TT distance is 3 miles)

- The TT is only open to Omnium entrants

Notes:

- Omnium racers - if you want to win the “Overall” then you must enter the race. There is no additional entry fee.
- Individual start times will be posted Saturday at the Crit.
- First group off Sunday morning - Men’s Cat 3. All other categories will follow in the same general order as the road race categories.
- 30 second intervals between time trial racers.
- **The time trial will be available for 10-12 juniors.**

Time Trial Start time will be made available at the Criterium.

First Group off is the Cat 3 Men at 8:30am.

TT Start Order

- 1) Men 3
- 2) Masters Men 35+
- 3) Masters Men 45+

- 4) Men 4
- 5) Jr. Men 15-18***
- 6) Men 5 < 35
- 7) Men 5 35+
- 8) Women 1/2/3
- 9) Masters Men 55+
- 10) Women 4
- 11) Jr. Women 15-18
- 12) Jr. Men 13-14
- 13) Jr. Women 13-14
- 14) Jr. Boys 10-12
- 15) Jr. Girls 10-12

Song Mountain Road Race

Sunday, May 17, 2009
 Song Mountain Ski Area, Tully, NY

Registration for the road race only opens at 9am. Single day race fee of \$30.

Road Race Schedule

Category	Start Time	Distance	
Road Race			
Men 3	11:00 am	55 miles	
Masters Men 35+	11:10 am	55 miles	*Cat 1-4 Only
Masters Men 45+	11:20 am	55 miles	*Cat 1-4 Only
Men 4	11:30 am	55 miles	
Jr. Men 15-18***	11:40 am	55 miles	
Men 5	11:50 am	27 miles	Field Limit:

50

Women 1/2/3	12:00 noon	55 miles	
Masters Men 55+	12:10 pm	55 miles	*Cat 1-4 Only
Women 4**	12:20 pm	27 miles	Field Limit: 50
Jr. Women 15-18***	12:20 pm	27 miles	
Jr. Men 13-14***	12:20 pm	27 miles	
Jr. Women 13-14***	12:20 pm	27 miles	
Jr. Boys 10-12***	No Road Race	——	
Jr. Girls 10-12***	No Road Race	——	

** Womens Cat 4 Field limit of 50 riders.

*** ALL JRS WILL BE ROLLED OUT NO MATTER WHAT EVENT THEY ENTER

Race Course Descriptions and Race Information

IMPORTANT General Information pertaining to all stages:

Rider Numbers:

Rider numbers must be worn on the **RIGHT side for the CRITERIUM. Numbers will be placed on the LEFT side for the TIME TRIAL and ROAD RACE.** The numbers must **NOT** be folded or trimmed. Do **NOT** wrinkle your number.

Rider Staging:

Riders must report to the staging area at least five minutes before the start of your race to receive last minute announcements.

Mechanical Support:

Team support follow vehicles are **NOT** allowed. Wheel vans are currently planned but not guaranteed for the road race and will be wheel-in/wheel-out. There will be one wheel pit at the criterium near the start/finish line that will be wheel-in/wheel-out. Be sure to label your equipment and pick it up after your race. The Tour de Syracuse staff will not be responsible for any lost equipment.

Feeding:

No feedzone in the Road race or Crit. Currently marked feed zone is not 20km from the finish.

Individual Scoring:

Scoring will be based on points accumulated for top daily placing. Points breakdowns for individual placing will be available at the race venues. See tail end of Race Bible for point breakdown and distribution.

Juniors:

As juniors are competing for separate prizes they must use junior restricted gears, even though they are starting with the women in the road race and in the criterium. Juniors must have their bicycles “roll-out” tested prior to the start of each event to check that one revolution of the cranks does not cause the bicycle to travel more than 7.93 meters or 26 feet. Gear combinations which usually meet the restriction with standard 700c tires are 52x14 or 47x12. or 53x15. Top gears may be blocked off by adjusting the derailleur upper limit screw. Roll out will be done adjacent to the start area for each event.

Results:

Results and official notices will be available after each event. Results may be appealed until one hour prior to the start of the next stage.

Directions:

Stage One – Criterium

Directions to the criterium at Upper Onondaga Park in Southwest Syracuse, NY:

From South:

I81 to I690 W. Follow 690W to Geddes St then left on Geddes St. Continue on Geddes St south for a few miles. Continue up hill to stop sign with reservoir tank on the right. After stop sign proceed two blocks, then left on Crossett. Follow Crossett to park entrance (4 blocks).

From North:

I81S to West St exit. Follow signs to get onto West St. Make right onto Fayette St. Make left on Geddes St. Follow above directions for Geddes St.

From East:

I90 W to I481 S to I690 W to Geddes St. Follow above directions for Geddes St.

From West:

I90 E to I690 E to West St exit. Turn right at end of exit, then left on Geddes St. Follow directions from the North above.

Course Description

The criterium is an approximately one mile loop with sweeping turns and an easy hill. The course is fully inside the park and will be completely closed to traffic. See tail end of Race Bible for Criterium Course Map.

Numbers go on the **RIGHT SIDE** for the Criterium.

No feeding is allowed during the criterium.

There will be a number of primes throughout the criterium. Primes are only rewarded with prizes – NO GC POINTS.

Stage Two – Crooked Lake Time Trial

Directions to the road race at Song Mountain Ski Area, Tully, NY:

From Anywhere: I81 to Tully, NY, 14 miles south of Syracuse. Take route 80 west, follow signs for Song Mt Ski Area. Refer to the road race course map for directions

Numbers go on the **LEFT SIDE** for **Time Trial**.

Omnium Racers are eligible to compete in the Time Trial. Start times will be posted at Onondaga Park following the Criterium.

Time Trial starts at 8:30 am. Please line up on Long Rd. north of the Long Rd/Lake Rd T intersection.

Riders will be sent off at 30 second intervals. First group off the line are the Men's Cat 3.

Stage Three - Road Race

Directions to the road race at Song Mountain Ski Area, Tully, NY:

From Anywhere: I81 to Tully, NY, 14 miles south of Syracuse. Take route 80 west, follow signs for Song Mt Ski Area. Refer to the road race course map for directions

Numbers go on the **LEFT SIDE** for **Road Race**.

Team support vehicles are **NOT ALLOWED**.

There will be wheel vans for all fields in the road race. Wheel vans will stay with the main pack at the official's discretion. Support is wheel-in, wheel-out. If the support vehicle fills (8 or more pairs of wheels), support will be neutral. There will be a sag wagon following the last rider on the course. If you become unable to ride to the finish, please follow the course to the nearest course marshal and wait for the sag wagon.

The road race course is **OPEN TO TRAFFIC**. Stay to the right of the yellow line at **ALL** times and to the right half of the road if there is no yellow line. Stay alert for traffic at all times.

There is a busy marina at 13.1 miles into the race. **STAY ALERT** in this high traffic area. Watch for boats being towed into the roadway.

The feed zone is on Oak Hill Rd near the Route 80 intersection. **FEED FROM THE RIGHT SIDE ONLY**. RIDERS MUST STAY TO THE RIGHT SIDE OF THE ROAD AT ALL TIMES. Feeding is not allowed for any 1-lap fields. Feeders must park vehicles on Ripley Road off of Oak Hill Rd. Ripley Road is a seasonal-use dirt road. Parallel park on the shoulder of Ripley Road. **DO NOT** park on Oak Hill Rd. Feed only within the limits of the feed zone.

Finish:

The uphill finish is a right turn off of Otisco Valley Rd onto Song Mountain Road heading east up the hill to the finish.

1 lap race is approximately 27 miles

2 lap race is approximately 54 miles

Points

Omnium points breakdown and Distribution

Road race and Criterium:

Points will be awarded in the same format to the top twenty-five finishers in both the Road race and the Criterium with first place finishers of each receiving the highest point value. Point distribution for the top twenty-five is as follows: 40, 37, 34, 31, 28, 25, 22, 20, 18, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1

Time Trial Points:

Point distribution for the top twenty is as follows: 25, 22, 20, 18, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1

Note: Each rider will receive 100 points for each stage they complete.

Prize Disbursement

Prizes:

A majority of the total purse will be awarded for results in the three-stage overall General Classification. A percentage of, will be awarded as single-event prizes. Stage prizes will be distributed immediately after results are official. Two-day overall prizes will be available after results are made official after the Road Race on Sunday May 17th.

Prize Payout:

See end of Race Bible for exact figures regarding payout for specific categories and individual placings.

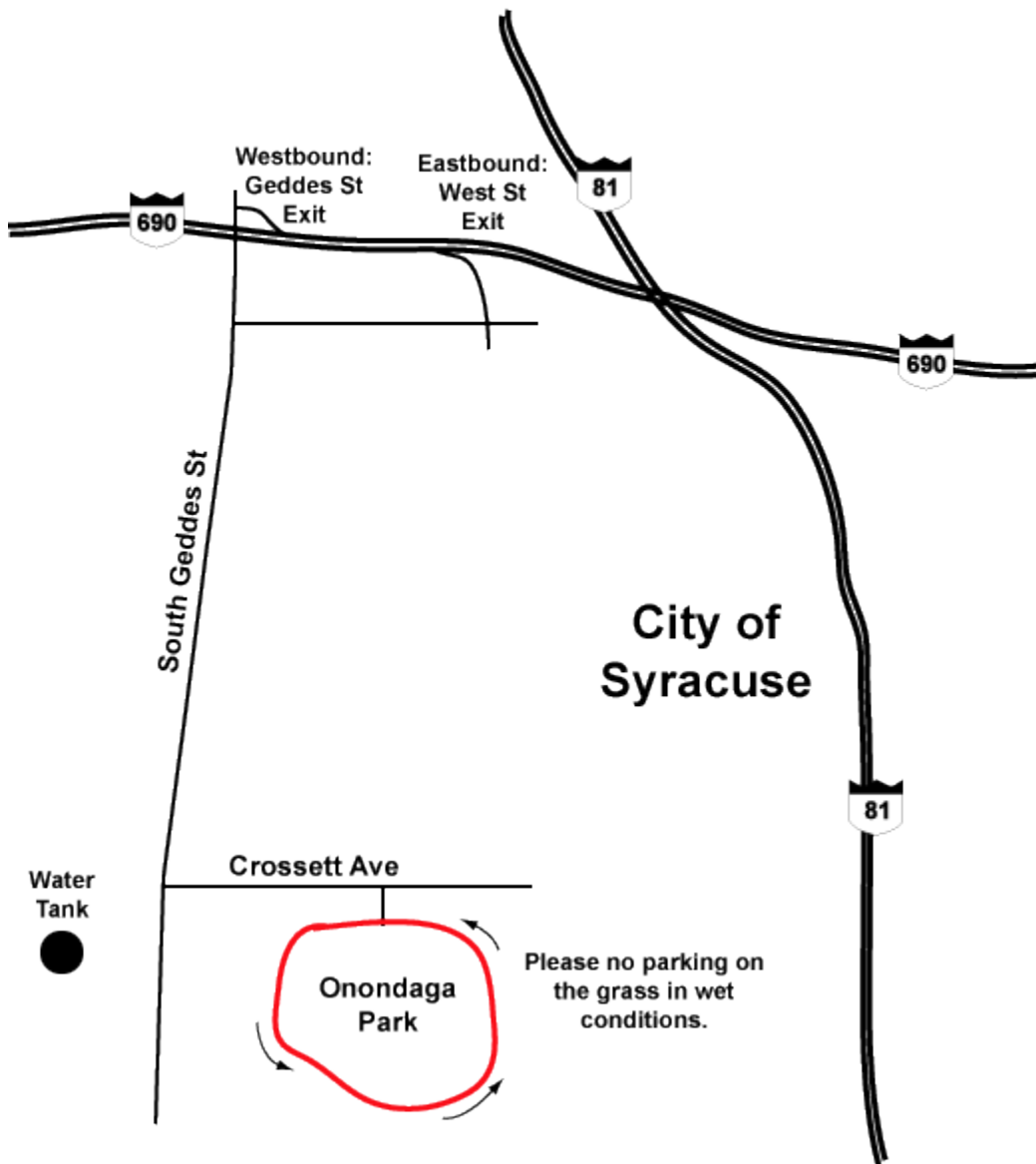
Reminder

Start times on the web page are approximate for the road race. Start times may be altered slightly. Please pay attention at the staging area at the entrance of the Song Mountain Ski Area access road near the Song Mountain Rd/Long Road intersection.

**Please don't forget to thank
the course marshals and
other volunteers who have
volunteered their time to
make this race happen.**

BEST OF LUCK!

Criterion Course Map



Payoff for the Tour de Syracuse

The following is a breakdown of payment per race category. All men's races have the same payout that will total \$500 for the Omnium overall RR, Criterium and TT payouts are the same for men and women. All women will race in the same field with separate payout for 123 women from the cat 4 women.

Road Race and Crit	1 st place	\$30
	2 nd place	20
	3 rd place	15
Time Trial	1 st place	\$25
	2 nd place	15
	3 rd place	10
Criterium	Cash and Merchandise Preems	
Juniors RR, Crit + TT	1 st place	Medals
	2 nd place	Medals
	3 rd place	Medals
Juniors Omnium	1 st place	\$25 + Medals
	2 nd place	\$15 + Medals
	3 rd place	\$10 + Medals
		total \$50 x 8 groups = \$400
overall for men	1 st place	\$100
	2 nd	75
	3 rd	50
	4 th	40
	5 th	35

6 th	30
7 th	Merchandise
8 th	Merchandise
9 th	Merchandise
10 th	Merchandise

overall for women

1 st	\$50
2 nd	40
3 rd	30
4 th	20
5 th	20

overall for juniors

1 st	\$25
2 nd	15
3 rd	10 total \$50

total payout \$5000

men = \$200 per race total minimum

women=\$400 per race total minimum

juniors=\$110 per race total minimum

Tour de Syracuse Task Force

The Tour de Syracuse Task Force is a committee of Onondaga Cycling Club members charged with staging the Tour de Syracuse.

Race Director/Promoter

Marcello Pratico

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Key people with no title, but lots of tasks and input

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